

Santa Claus 2025: Session: 1: COACH evaluation sheet for TEAM: HOZT

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Verheyen Lore

Coaches: Pingnet Olivier HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 1500M FREESTYLE MEN 11+ Heat:2, starttime: 09:26

Heat: 2/2 Lane : 3 Athlete: COUVREUR FRED Q-time: 19:15:93

PB (25m pool): 19:15.93 Arendonk 22/12/2024 PB (50m pool): 19:11.73 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:14.09	no time	02:32.78	no time	no time	no time	05:10.17
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	10:21.90
								
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								
	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M		
PB	no time	no time	no time	no time	no time	19:15.93		
								

Coach feedback:

Event number: 2: 800M FREESTYLE WOMEN 11+ Heat:1, starttime: 09:47

Heat: 1/4 Lane : 1 Athlete: KENIS STERRE Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

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Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:1, starttime: 09:47	
Heat: 1/4 Lane : 2 Athlete: MELIS FEE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:1, starttime: 09:47	
Heat: 1/4 Lane : 3 Athlete: VAN DIJCK LOTTE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:3, starttime: 10:18	
Heat: 3/4 Lane : 1 Athlete: ROMBOUTS FLOOR							Q-time: 11:03:63	
PB (25m pool): no time			PB (50m pool): 11:35.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

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Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:3, starttime: 10:18	
Heat: 3/4 Lane : 3 Athlete: VAN BOCKSTAL YOANNA							Q-time: 10:57:34	
PB (25m pool): no time			PB (50m pool): 10:57.34 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:4, starttime: 10:29	
Heat: 4/4 Lane : 1 Athlete: MELIS VLINDER							Q-time: 10:20:57	
PB (25m pool): 10:53.11 Arendonk 02/06/2024			PB (50m pool): 10:20.57 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	10:53.11
								

Coach feedback:

Event number: 2: 800M FREESTYLE WOMEN 11+							Heat:4, starttime: 10:29	
Heat: 4/4 Lane : 2 Athlete: GRAHAM JIL							Q-time: 09:07:84	
PB (25m pool): 09:07.84 3500 Hasselt 14/04/2024			PB (50m pool): 09:18.26 SB: 09:33.09 Gent 09/11/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	09:07.84
	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>	<i>.....</i>

Coach feedback:

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Event number: 3: 800M FREESTYLE MEN 11+							Heat:1, starttime: 10:40	
Heat: 1/2 Lane : 1 Athlete: DOCHITA EDUARD							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

Event number: 3: 800M FREESTYLE MEN 11+							Heat:2, starttime: 10:53	
Heat: 2/2 Lane : 1 Athlete: KEUSTERMANS LARD							Q-time: 10:37:58	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback:

Event number: 3: 800M FREESTYLE MEN 11+							Heat:2, starttime: 10:53	
Heat: 2/2 Lane : 4 Athlete: DE VALCK THIBAUT							Q-time: 10:49:36	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								

Coach feedback: